

### *Hymns of the Month*

*Pentecost, the Descent of the Holy Spirit, is celebrated on Sunday, June 4<sup>th</sup> this year.  
Acts 2:1-11.*

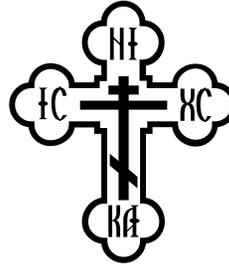
**Troparion, tone 8:**

*Blessed art Thou, O Christ our God,  
Who has revealed the fishermen as most wise,  
by sending down upon them the Holy Spirit;  
through them Thou didst draw the world into  
Thy net.*

*O Lover of man, glory to Thee!*

**Kontakion, tone 8:**

*When the Most High came down and confused  
the tongues,  
He divided the nations.  
But when He distributed the tongues of fire,  
He called all to unity.  
Therefore, with one voice we glorify  
the all Holy Spirit.*



# PARISH NEWSLETTER

HOLY RESURRECTION  
ORTHODOX CHURCH  
JUNE 2017

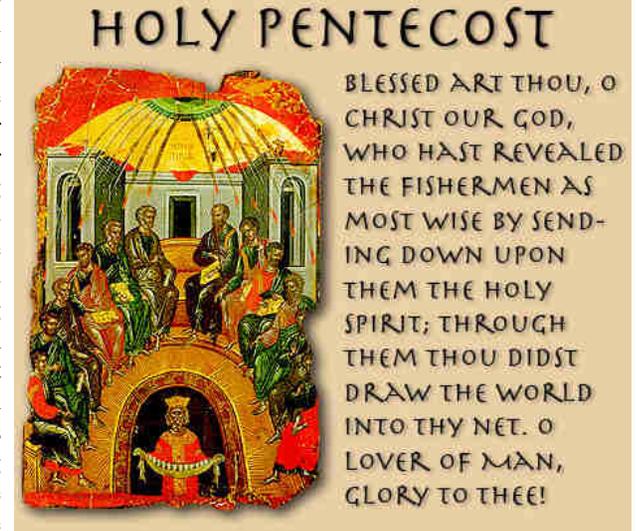
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### *The Vespers of Pentecost*

One of the main features of the Pentecost divine services consists of reading the special kneeling prayers of St. Basil the Great. The reading of the kneeling prayers is established at Vespers, by virtue of the prohibition to bend the knees during the days between Pascha and Pentecost. In order to keep the faithful in a reverential condition and to make them able, by the example of the Apostles, to most soberly and most chastely do the kneeling prayers in honor of the Holy Spirit, it is necessary to celebrate Vespers immediately after the Liturgy. In this Vespers the Holy Church through its hymns and touching prayers actively directs its children to worthily offer up invaluable gifts for the grace of God. This divine service begins with the prayer: "O Heavenly

King", with which any divine service ordinarily begins, but which on the present day and hour has special meaning for the reverentially praying faithful, as it commemorates the descent of the Holy Spirit, the Comforter. Then, following the Introductory Psalm 103, during the Great Litany, the Holy Church reminds Christians about worthily standing - especially during these minutes - in the temple

of God when the prayers about "awaiting the grace of the Holy Spirit" and "for those that bow their hearts and knees before the Lord", and asks God that He, "may accept the bending of our knees as incense" may send down His rich mercy on us and may grant His heavenly help to those who ask for it. Then follow the hymns at "Lord, I call." There is an Entrance by the clergy with the censer, and we sing "O gladsome Light" followed by the Prokeimenon, "Who is so great a God as our God; Thou art the God, who doest wonders." After this Prokeimenon, at the sug-



## The Vespers of Pentecost *Continued*

gestion of the Holy Church, all present in the temple fall on their knees to the ground with the feeling of heart-felt contrition, while the head of the Church also kneels in the doors to the Holy Sanctuary, facing the people, and in such a way becoming one pious family in one sacred room, he begins to read the special prayer of St. Basil the Great. The kneeling prayers are read: 1) after the singing of the Prokeimenon, 2) after the Litany of Fervent Supplication, "Let us all say," 3) after the prayer, "Vouchsafe, O Lord." In the first prayer the Church asks God the Father to forgive our sins and to bless us. In the second prayer the Church asks God the Son to grant us gifts of the spirit of wisdom in the supplication for bounties from God. In the third prayer the Church asks God the Son, who fulfilled the salvation of man and who descended into Hades, to grant grace to the living and rest to our fathers and brothers who have departed this life in faith. To each of these special prayers is added an evening prayer (about passing the time sinless during the present evening and in the approaching night), also written by St. Basil the Great. The Little Litany and the Litany of Supplication follow after these solemn prayers and then the hymns of the Aposticha are sung. Here, the spiritual

joy of pious souls is revealed to all believers, for God has granted us the Divine Light and poured out the grace of His Spirit, the Comforter, who is renewed in us by a mystical newness of understanding. This joyful idea is inspired by the fact that from apostolic times the Holy Spirit continually abides in the Church, and all people are called to the thankful worship of the Father, and the Son, and the Holy Spirit, who sends down upon us gifts of grace, equally flowing for our illumination and salvation. After the Aposticha we sing, "Lord, now lettest Thou Thy Servant depart," the Trisagion Prayers: O most holy Trinity, Our Father, followed by the festal Troparion. The priest gives the Great Dismissal which sets forth all the high features describing the Divine dispensation of our salvation in Christ: "Who did empty Himself from the Paternal and Divine Bosom, and came down from Heaven upon the earth, and took upon Himself all our nature and made it divine, and after these things, again ascended into Heaven and sits at the right hand of God the Father, and did send down the divine and Holy Spirit, one in essence, equal in power, and equal in glory, and ever-existing with Him, upon His holy Disciples and Apostles, and through Him did enlighten them, and through them the whole world, Christ our true God... have mercy on us and save us, for He is good and lovest man". -Adapted from the *Bulgakov Handbook for Church Servers, Second Edition*.

## In Our Parish

### Baptisms in June

On Saturday, June 3<sup>rd</sup>, we will baptize Sdn. Dimitri and Anna Maria Pletz's daughter, Isabel, at Holy Resurrection, Tacoma at 12:00 Noon. On Saturday, June 24<sup>th</sup>, we will baptize Steve and Stephanie Vuleta's daughter (Fr. John & Mka. Katherine's granddaughter), Violet, at Holy Resurrection at 1:30 p.m. Everyone is welcome to both baptisms!

### Pentecost

Pentecost (Trinity) will be celebrated in our

parish the weekend of June 2<sup>nd</sup> - 4<sup>th</sup>. A general Panikhida (Memorial Service for all the faithful departed) will be served Friday, June 2<sup>nd</sup> at 6:30 at Holy Resurrection. The Vigil of Pentecost (Vespers & Matins) will be served at Holy Trinity Temple, 431 Long Street, Wilkeson, 98396 on Saturday, June 3<sup>rd</sup> at 4:00 p.m. **There will be no evening service at Holy Resurrection, Tacoma on June 3<sup>rd</sup>!** On Pentecost Sunday, June 4<sup>th</sup>, at Holy Resurrection, Tacoma, we will serve the Festal Divine Liturgy of Pentecost. The Liturgy will be followed immediately by Ves-

## In Our Parish --- Cont'd.

pers with the Kneeling Prayers. It is a very popular custom among the Orthodox throughout the world to bring bouquets of flowers to hold in church on Pentecost day – the church is decorated with the boughs and branches of trees. This is a symbol of new life given through the Gift of the Holy Spirit. After services on Pentecost morning, we'll have a potluck. The Holy Myrrhbearers Sisterhood will have grilled bratwurst sandwiches available, please bring side dishes, etc.

### Spirit Monday, Altar Feast of Holy Trinity Temple, Wilkeson

On the day following Pentecost Sunday, the Day of the Holy Spirit, June 5<sup>th</sup>, at 10:00 a.m., we will gather at Holy Trinity Temple in Wilkeson to celebrate the Divine Liturgy that celebrates the "Altar Feast Day" of the temple, which is 117 years old! The Myrrhbearers Sisterhood will sponsor a luncheon at the Wilkeson Town Hall following Liturgy.



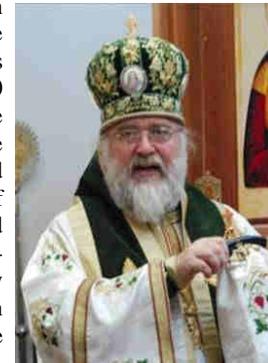
### Wilkeson Committee

On Sunday, June 25<sup>th</sup>, a special meeting of the Holy Trinity, Wilkeson committee will take place after Liturgy. The Foothills Trail, a walking and biking trail along old railroad lines that begins in Puyallup, winds through the Orting Valley and ends in South Prairie, is slated to be completed as far as Wilkeson sometime next year. This will have a significant impact on the town of Wilkeson, and for our historic Holy Trinity Temple there. Much work, some of it most likely very expensive as it concerns the cupola there, will be required to ready the temple and its grounds for what will likely turn out to be thousands of visitors. This hidden treasure (Matthew 13:34) may be a source for many who seek transcendent meaning to their lives.

### Archbishop Benjamin Visits our Parish

Please plan on welcoming His Eminence,

Archbishop Benjamin at Vespers on Saturday, June 10<sup>th</sup> at 6:30 p.m. Also, please be on hand early on Sunday, June 11<sup>th</sup> to greet His Eminence at 9:30 a.m. He will be greeted at the doors and vested in the center of the Church. God willing, just before the Liturgy begins, Steven Hille will be tonsured Reader.



His Eminence enjoys a special pastry from Larsen's Bakery in Seattle - kringle! So, we'll have a kringle coffee hour for him, after which the Parish Council will take him out for a luncheon.

### Graduate Celebration

We honor High School graduates Abigail Hamre, Theodore Kvamme and Elizabeth Bascom; Stephen Kvamme for his AA; Elizabeth Hamre and Marian Kvamme for their BA, and Steve Vuleta for his MBA. Special recognition will be given on Sunday June 11<sup>th</sup>.

### Apostles Fast

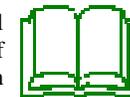
The week following Pentecost is fast free. Beginning on Monday, June 12<sup>th</sup>, we keep the Apostles Fast. This will last until the Feast of the Holy Apostles, Peter and Paul, June 29<sup>th</sup>.

### Sign up for Coffee Hour

There is a sign up on the bulletin board for coffee hour. We usually have potlucks on the first Sunday of each month, and sandwich sales on the third Sunday, you can help us fill in the gaps!

### Bible Study

On Tuesday, June 13<sup>th</sup> we will begin the study of the Epistle of James. We will also meet on Wednesday, June 28<sup>th</sup>.



## In Our Parish --- Cont'd.

### Sts. Peter & Paul

Vespers for the Feast will be served Wednesday, June 28<sup>th</sup> in our parish at 6:30 p.m. Divine Liturgy on Thursday, June 29<sup>th</sup> at 9:30 a.m. followed by a potluck.

The Altar Feast at St. Paul, Lynnwood [21236 Poplar Way, Brier (Lynnwood), WA 98036] will consist of Vespers and Divine Liturgy on Wednesday, June 28<sup>th</sup> beginning at 5:30 p.m. No service on June 29<sup>th</sup>.

### June Charities

The Charity committee will continue to collect food for the month of June. These donations are distributed through Pacific Pediatrics on 16<sup>th</sup> and Pacific Ave (Dr. Nicholas Themilis). They have a small food bank for patients of low income or anyone in need. They would like non-perishable food items. Breakfast items: cereal, pancake mix & syrup, instant oatmeal, etc. Meal items: pasta, pasta sauce, Mac & cheese, canned soups, canned veggies, box potatoes, tuna, peanut butter, etc. Anything you would purchase for your own pantry. Please, no expired or near expiration foods. Please leave food donations on the hearth in the Parish house.

Our monthly meeting will be held in the St. Joseph Hall after Liturgy on Sunday, June 18<sup>th</sup>, everyone is welcome!

We need help preparing the Fifth Friday meal for the hungry on June 30<sup>th</sup>. We'll need someone with strong arms at 5:30 p.m. to help transfer the food from our Parish House to the Puyallup Armory, 622 4<sup>th</sup> Avenue SE, Puyallup WA (on the corner at 7<sup>th</sup> St. SE). We begin serving at 6:00 p.m. Afterwards, we'll need someone to bring the pots back to the church and clean them.

Pierce County Conservation Work Day: Look for future announcement in the Sunday bulletin regarding this event.

Meeker Minions Work Parties: The Meeker Minions Habitat Stewards work hard at maintaining and restoring the habitat at the Meeker Creek Restoration Site. The (self-named) Minions hold work parties the last Saturday of every month from 9:00 a.m. to 12:00 p.m. Come, lend a hand and learn how

rewarding it is to be a Habitat Steward. Please contact Cheri Wilson with questions.

### Youth Camp Scholarships

Want to help a young person go to camp? Need some help getting to camp? Fr. John can handle all that! \$150 sends a child to camp!

### Pacific Northwest Orthodox Youth Camp

\* **Dates:** August 7<sup>th</sup> thru 10<sup>th</sup>, 2017.

\* **Location:** All Saints Camp, 205 Camp Rd. NW, Gig Harbor, WA 98335; (253) 265-6161.

\* **Applications:** All campers \$150.00/camper before July 1<sup>st</sup>, \$200 after due date, with no guarantee of a place. Please speak to Fr. John about scholarships.

\* **Applications and fees must be mailed by July 1<sup>st</sup> to:** Fr. Barnabas Powell, 15621 175<sup>th</sup> Ave. NE, Woodinville, WA 98072. Make checks payable to: Pacific Northwest Deanery.

\* **Deadline for applications is: July 1<sup>st</sup>!**

\* **Staff:** We require a sizable staff (clergy and laity) to operate the camp in an effective and safe manner for the children. There will be 2 counselors per cabin. Applications are required for staff. In accordance with state regulations, all staff must complete, **in addition to the normal camp forms**, the "Camp Staff Application" and will be subject to a Diocesan mandated background check.

\* **Background checks must be performed by your parish priest.** The most important, needed, and valuable role of PNWOYC staff is to serve as cabin counselor to a group of campers. In addition, talented staff is utilized in the following areas: crafts, sports, music, medical/nursing. Additional programs may be offered depending on staff expertise, so please indicate your special skills and interests on the staff application.

\* **Volunteers do not pay fees**, and receive a modest honorarium as a thank you for their service.

\* **Activities:** In addition to liturgical services and instruction, we schedule swimming, sports, canoeing, hiking, crafts, campfires, etc.

## In Our Parish --- Cont'd.

\* **For Further Information:** Contact camp director: Fr. Barnabas Powell at (425) 623-3653 OR Protonitsa Lela Powell at (425) 686-2127

\* **All registration and other forms may be found on the Camp Web-page:** [www.pnwoyc.org](http://www.pnwoyc.org)

### Parish Camping Trip

Last year was such a wonderful experience, we're scheduling again – bigger and better! Mark your calendars! We have reserved two group sites at the Cougar Rock campground in Mount Rainier national park for August 20<sup>th</sup> thru 23<sup>rd</sup>! The group sites are open to tent campers only. If you want to reserve a site for your RV (trailer, camper, etc), the loop closest to the group sites is Loop E. Individual sites may now be reserved at [www.nps.gov/mora/planyourvisit/camping.htm](http://www.nps.gov/mora/planyourvisit/camping.htm) Also, remember, for those



who are not into camping, there are two National Park lodges within a few miles of the campground, at Longmire and Paradise, why not check out rates, and enjoy meals and activities with us? Don't wait! Keep an eye on our webpage: <http://www.orthodoxtacoma.com/parishcamptrip.html> for all the information you'll need!

## Bookstore by Susan Noel Reynolds

There will be a Bookstore Sale on the Feast of Pentecost.

Just after Pascha, I heard it expressed that it would be nice if Pascha lasted longer, and wondered how to make that wonderful Resurrection feeling last. Someone beautifully suggested keeping fresh flowers in their home, and of course, having the Paschal Fire in our church has been amazing. From a book person's perspective, there is another way, and that is by reading the Pentecostarian every day. It is the service book that begins with Pascha, and ends with the Sunday of All Saints. It is the reflection of the Lenten Triodion (and I have seen it called the Flowery Triodion), with Pascha standing in the middle of the two seasons. Its structure is the same as the Triodion, with the parts of Matins and Vespers that change every day. The Canons of each of the post-Paschal Sundays are there, and up until a certain point, the Irmoi of the Paschal Canon are incorporated in those Canons. The words evoke all the joy and excitement of the Paschal service and, though progressing through the cycle of Sundays, one gets the feeling of being somehow suspended in time.

In addition to remaining in the Paschal 'moment' the beauty and structure of the days in between is experienced, elucidated by the hymnography on both Paschal themes, and those of the theme of the particular week. There are also readings for particular days, such as the Ascension of Our Lord, and the week following, in which we celebrate the Sunday of the Fathers of the First Ecumenical Fathers, and ends with the Memorial Saturday. The richness of the hymns of this time are shown by this excerpt from the Vespers of Ascension: 'Thou lifted up our fallen nature and placed it on God the Father's throne. Wherefore, the hosts of bodiless heavenly beings were amazed and dazzled: silently fearful, they glorified Thy great love for mankind'.

