

Pre-Lenten Women's Retreat



Saturday, February 26, 2022

9am—4:00pm

Starting with the Hours in the Nave.

Holy Resurrection Orthodox Church
8710 28th Ave E, Tacoma, WA 98445

\$30, Lunch Included

Join Cynthia Damaskos & Molly Sabourin as they teach us to be Filled with Less!

Peaceful Mind

Acquire new tools for accessing calm and have an eternal perspective.

Healthy Body

Discover a Christ-centered approach to attaining vibrant health.

Productive Life

Connect with your purpose. Achieve your goals. Harness your time.

Registration is due by February 13th. Paypal payments: [OrthodoxTacoma.com](https://www.OrthodoxTacoma.com) Please leave Dietary restrictions in notes on Paypal.

Per Archbishop Benjamin's directive to follow local guidelines, we kindly request masks to be worn indoors.

Questions:

Michelle: mmewhinneyangel@Hotmail.com, Susan: susansophia.f@gmail.com

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Name _____ Phone _____

Email _____ Dietary Restrictions _____

Please send completed registration and payment to Holy Resurrection: PO BOX 1332, Puyallup, WA 98371 by February 13th. Or register online at OrthodoxTacoma.com